



75 Vanderbilt Avenue, Staten Island NY 10304 1-844-CPHL-CARES

Dear Doctor,

Centers Plan for Healthy Living (CPHL) works with MedImpact Direct Mail® and Birdi mail pharmacy to provide home delivery services to our members. MedImpact Direct Mail® will provide up to a 90-day supply of maintenance medications to members with chronic conditions like high blood pressure and diabetes. Getting a 90-day supply by mail order will result in lower copays for most members.

If a CPHL member would like to receive mail order services through MedImpact Direct Mail®, please submit their prescriptions electronically or fax prescriptions to: 1-888-783-1773. Once Birdi receives the electronic or faxed prescription, they will contact the member to confirm details.

Questions about Birdi? Call toll-free at 1-855-873-8739 (TTY dial 711) during customer service hours:

Monday - Friday	8 am – 8 pm Eastern Time
Saturday	9 am – 5 pm Eastern Time
Sunday	Closed

Or email Birdi at patientcare@birdirx.com. Please do not include personal health or payment details in your email.

Sincerely,

Pharmacy Team